Resources to Support the Journey of Grief for Children and Youth (and Pandemic Grief)

For Children:

- **The National Association for Grieving Children**
- **Helping Children Cope with Loss, Death, and Grief** by NASP (National Assoc. of School Psychologists)
- **FAQs about Grieving Children** from The Cove Center for Grieving Children, CT
- **When Your World is Already Upside Down** from The Dougy Center
- **Discussion Starters for Conversations on Grief** from The Dougy Center
- **Good Grief- Resources for Families** (CoVid 19 Resources) from Good Grief
- **Children, Funerals, and a Pandemic** from Good Grief
- **Bibliography of Children’s Books** from Jeff’s Place, Framingham, MA

For Youth:

- **Help for Teens** from the Dougy Center
- **Linked Resource Sites** from Hope for the Brokenhearted
- **Top Books for Teens** from the Eluna Network
- **Responding to Change and Loss** NACG Toolkit, link here for English and Spanish downloads

For Parents and Caregivers:

- **Pathways Center for Grief and Loss**
- **Caring Matters** Resources in English and Spanish
- **Care Dimensions**