

# REDISCOVER MACEDONIA

A spirit of gratitude and generosity



Evangelical Lutheran Church in America  
God's work. Our hands.

## Writing a Personal Money Autobiography

Writing a personal money autobiography is an important step in expressing one's stewardship journey. The process reveals one's attitudes, behaviors and feelings about money. How does one go about writing a money autobiography? In this activity it is important to focus on different points in your life (childhood, adolescence, young adult, mature adult, etc.) Take a sheet or two of blank paper and write out your responses to the questions below. Reflect on these experiences and how specific understandings developed. After reflection you may want to write this into a chronological or topical sequence. Always be aware that money is only one aspect of being a steward.

1. What is the earliest experience with money that you remember?
2. As a child growing up, did you feel rich or poor? Why?
3. What was your attitude toward money as a teenager? How was this influenced by peers or siblings?
4. How were your attitudes and behaviors about money shaped by your mother, father or grandparents?
5. What role did money play in your life as a young adult? How was this influenced by a spouse or co-workers?
6. If applicable, how did your relationship with money change when you became a parent?
7. What is your happiest memory in connection with money?
8. What is your unhappiest memory in connection with money?
9. How does your faith guide you in your use of money?
10. How do you feel about your present financial status compared a the past status?
11. How have you discovered that financial health is an expression of faith?
12. Are you generous or stingy with your money? In what ways?
13. How do you practice proportionate giving and tithing?

14. When are you willing to give to the church and other causes with no strings attached?

15. What kinds of risks are you willing to take with your money?

16. What will you do with your money as you approach the end of this life?